

MERS-CoV 防疫守則

<MERS-CoV Self-protection Guidelines-English Version >

1. 暫時別去醫院
1. For the time being, avoid going to any hospital.
2. 避免用手接觸口鼻
2. Avoid touching your mouth or nose and wash your hands immediately if you do.
3. 隨身帶口罩，若身旁有人咳嗽，就戴上
3. Always carry some disposable facemasks, and put a disposable facemask on if somebody nearby coughs.
4. 避免到人多擁擠且空氣較不流通的地方，如電影院及百貨公司
4. Avoid going to crowded or poorly ventilated places, such as department stores and movie theaters.
5. 若上下課樓層不高，走樓梯較電梯安全
5. If your classroom is on a lower floor, it is safer to take the stairs than to take an elevator.
6. 在教室儘量選靠窗位子坐下
6. Pick a seat by an open window in your classrooms.
7. 與人打招呼以拱手取代握手
7. Greet people by joining your hands together prayer-style instead of shaking hands.
8. 勤洗手
8. Wash your hands often.
9. 回家或宿舍先進浴室清潔並更衣
9. When you go home or to your dorm, have a shower or bath and change your clothes.
10. 有什麼疑問可瀏覽 <http://www.cdc.gov.tw>
10. For more information, please visit the website: <http://www.cdc.gov.tw>